

JOIN US FOR OUR

— 2022/2023 —

dance season



ADULT BALLET

In our adult Ballet and Fitness class, you'll work through traditional ballet moves and stretches giving you an overall total body workout! Classes are for adults 18+. Dance experience is not required and beginners are welcome!

Only \$60 each session!

SESSION 1:

Every Thursday, September 8-October 13
7:00-8:00 PM

SESSION 2:

Every Thursday, October 20-December 1
7:00-8:00 PM
(skip a week for Thanksgiving)

SESSION 3:

Every Thursday, January 5-February 9
7:00-8:00 PM

SESSION 4:

Every Thursday, February 16-March 23
7:00-8:00 PM