

JOIN US FOR OUR

— 2022/2023 —

dance season



ADULT BALLET

In our adult Ballet and Fitness class, you'll work through traditional ballet moves and stretches giving you an overall total body workout! Classes are for adults 18+. Dance experience is not required and beginners are welcome!

Only \$60 each session!

SESSION 1:

Every Tuesday, September 6-October 11
7:00-8:00 PM

SESSION 2:

Every Tuesday, October 18-November 29
7:00-8:00 PM
(skip a week for Thanksgiving)

SESSION 3:

Every Tuesday, January 3-February 7
7:00-8:00 PM

SESSION 4:

Every Tuesday, February 14-March 21
7:00-8:00 PM